

**WEST CENTRAL RAILWAY**  
**CERTIFICATE OF MEDICAL FITNESS**

(To be Certified by the Government Authorised Doctor (Gazetted) NOT BELOW THE RANK OF ASSISTANT SURGEON OF THE CENTRAL/STATE MEDICAL SERVICES).

1 **Name of the Candidate (in Block letters)**.....  
**Son/Daughter of** .....  
**Date of Birth**.....  
**Trade Name**.....

2 **Height/137cms.** } Minimum  
**Weight/25.4 Kgs.** } Standard  
**Chest Expansion/** }  
**Not less than 5 cms.** }

Photo to be  
attested by the Civil  
Surgeon who is  
giving the certificate  
with signature and  
seal.

3 **EYES**  
 Minimum Standard of Visual Acuity (Bee-One) ) a)  
 a) 6/9, 6/12 with or without glasses. ) b)  
 b) Binocular Vision } Should be ) c)  
 c) Colour Vision } Present )

(There should be no evidence of any morbid condition of either eye of the lids of either eye which may be liable to risk or aggravation or recurrence)

4 **EARS**  
 Good Hearing without suppurative disease. )  
 No Hearing aid is permitted. )

5 **SKIN**  
 evidence of acute or chronic skin Disease or )  
 Chronic ulceration. )

6 **SPEECH**  
 Should be preferably perfect without impediment.]

7 **Alimentary System** )  
 1) Should have sufficient number of natural  
     teeth(in healthy state) for mastication.  
 2) No oral sepsis.  
 3) Spleen should not be palpable  
 4) Liver should not be palpable  
**Others**  
 Should not suffer from the following  
 a) Hemorrhoids  
 b) Hernia/Hydrocele  
 c) Bubonocoele  
 d) Ischio-rectal abscess )

**8 CARDIO VASCULAR SYSTEM**

- i) Blood Pressure should not exceed 85 diastolic and 140 systolic.
- ii) No sign of cardio vascular disease.

**9 RESPIRATORY SYSTEM**

No deformity or chest causing impediment to breathing.  
Free from all disease of respiratory system.

**10 GENITO URINARY SYSTEM**

No Genitourinary disease or deformity.

**11 SKELETAL SYSTEM**

No evidence of serious deformity of the spinal column or of the extremities.  
The function of all limbs should be within normal limits.

**12 NERVOUS SYSTEM**

No disease of Nervous system or any mental disease

**13 GLANDULAR SYSTEM**

No evidence of Tuberculosis or disease of Glandular system.

**14 X-RAY OF LUNGS.**

**15 URINE SUGAR.**

**16 BLOOD GROUP.**

The above named candidate is free from evidence of any contagious or infectious disease. He/She is not suffering from any disease which is likely to be aggravated by service or is likely to render him/her unfit for service or to endanger the health of the public. He/She is also free from evidence of tuberculosis in any form (active or healed) and also certified that he/she is fit to undergo Apprenticeship Training in Railway Establishments under the Apprentices Act, 1961 and para 4 of Apprenticeship Rules, 1992 (as amended time to time).

**Date:**

**SIGNATURE OF THE GOVERNMENT  
AUTHORISED DOCTOR (GAZETTED)  
(NOT BELOW THE RANK OF ASST.  
SURGEON OF CENTRAL/STATE HOSPITAL  
GOVERNMENT MEDICAL SERVICES)**

**SEAL:**

**NAME OF THE DOCTOR:**